

Relationships and Sex Education – Year 1

July 2021

Dear Parents/Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, and in line with our Relationship, Health and Sex Education (RSE) policy, class teachers will be delivering a series of lessons in the Summer Term. These will cover a range of topics through the Cambridgeshire Primary Personal Development Programme. We feel that this scheme of work has been carefully designed taking into consideration age-appropriate materials which are well matched to meet the needs of our pupils at Oakington C of E Primary School. This curriculum incorporates the Relationships Education and Health Education guidance, whilst also supporting the Science National Curriculum. The sessions will be conducted in a safe, trusting and secure environment.

Please see below the overview for each lesson:

Learning Objectives	Vocabulary
To know that humans produce babies that grow into children and then into adults.	External body parts including hands, head, stomach, chest, teeth
To describe what their bodies can do.	Range of action words e.g. run, jump, growing up as well as size, birth and death. Baby, child, girl, boy, male, female, man, woman, teenager, adult.
To understand that they have a responsibility for their body's actions, and that their body belongs to them.	Range of feelings words e.g. happy, pleased, calm, sad, same, similar, different, unique, special, responsibility.
To know how to keep themselves clean.	germs, disease, hygiene, tissues, water, clean, hygienic, external body parts. (See above.)
To understand the importance of basic hygiene practices, e.g. washing hands, using a tissue, and how these prevent the spread of disease.	germs, disease, hygiene, tissues, water, clean, hygienic, external body parts. (See above.)
To be able to understand what they have earned and to share it with others.	All of the above.

For further information, a copy of our RSE policy is available to view on our website along with the lesson plans (RSE Scheme of Work). If you have any further questions, please speak to your child's class teacher.

Thank you for your continued support.

Yours sincerely,
Oakington C of E Primary School