

Relationships and Sex Education – Year 3

July 2021

Dear Parents/Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, and in line with our Relationship, Health and Sex Education (RSE) policy, class teachers will be delivering a series of lessons in the Summer Term. These will cover a range of topics through the Cambridgeshire Primary Personal Development Programme. We feel that this scheme of work has been carefully designed taking into consideration age-appropriate materials which are well matched to meet the needs of our pupils at Oakington C of E Primary School. This curriculum incorporates the Relationships Education and Health Education guidance, whilst also supporting the Science National Curriculum. The sessions will be conducted in a safe, trusting and secure environment.

Please see below the overview for each lesson:

Learning Objectives	Vocabulary
To know scientific names for male and female sexual parts and use them confidently.	Children will use body part names such as penis, vagina/vulva, breast, nipple, anus, scrotum and testicle confidently.
To understand times to talk about private body parts, how they change and identify trustworthy and approachable adults.	Children will use body part names such as penis, vagina/vulva, breast, nipple, anus, scrotum and testicle confidently.
To value their own body and recognise its uniqueness.	
To understand the benefits of carrying out regular personal hygiene routines.	Children will understand words such as toiletries, bacteria, infection and hygiene.
To consider who is responsible for their personal hygiene now, and how this will change the future.	Children will understand words such as toiletries, bacteria, infection and hygiene.
To understand a range of ways illness and disease, e.g. colds, chickenpox, head lice, might be spread and how they are able to reduce this.	<i>We may sensitively discuss infections such as gum disease, tummy bugs, chest infections, conjunctivitis; viruses such as colds, warts, chickenpox, measles and Covid19; fungi such as athletes foot, ringworm and verruca's and, finally, parasites such as head lice and thread worm.</i>

For further information, a copy of our RSE policy is available to view on our website along with the lesson plans (RSE Scheme of Work). If you have any further questions, please speak to your child's class teacher.

Thank you for your continued support.

Yours sincerely,
Oakington C of E Primary School