

Relationships and Sex Education – Year 4

July 2021

Dear Parents/Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, and in line with our Relationship, Health and Sex Education (RSE) policy, class teachers will be delivering a series of lessons in the Summer Term. These will cover a range of topics through the Cambridgeshire Primary Personal Development Programme. We feel that this scheme of work has been carefully designed taking into consideration age-appropriate materials which are well matched to meet the needs of our pupils at Oakington C of E Primary School. This curriculum incorporates the Relationships Education and Health Education guidance, whilst also supporting the Science National Curriculum. The sessions will be conducted in a safe, trusting and secure environment.

As Sex Education is not statutory, lesson 2 can be opted out of in Year 4.

Please see below the overview for each lesson:

Learning Objectives	Vocabulary
What are the main stages of the human life cycle?	Birth, death, baby, adult, teenager
How did I begin?	Male, female, egg/ovum, sperm/seeds, baby
What does it mean to be 'grown up'?	
What am I responsible for now and how will this change?	Responsibilities
How do different caring, stable adult relationships create a secure environment for children to grow up?	Love, dependent, independent
To understand what they have learned and be able to share it with others.	

For further information, a copy of our RSE policy is available to view on our website along with the lesson plans (RSE Scheme of Work). If you have any further questions, please speak to your child's class teacher.

Thank you for your continued support.

Yours sincerely,
Oakington C of E Primary School