

## Relationships and Sex Education – Year 6

July 2021

Dear Parents/Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, and in line with our Relationship, Health and Sex Education (RSE) policy, class teachers will be delivering a series of lessons in the Summer Term. These will cover a range of topics through the Cambridgeshire Primary Personal Development Programme. We feel that this scheme of work has been carefully designed taking into consideration age-appropriate materials which are well matched to meet the needs of our pupils at Oakington C of E Primary School. This curriculum incorporates the Relationships Education and Health Education guidance, whilst also supporting the Science National Curriculum. The sessions will be conducted in a safe, trusting and secure environment.

As Sex Education is not statutory, some lessons can be opted out of. Our programme in Year 6 is tailored to the age and needs of the children. Please see below the overview for each lesson:

Learning Objectives	Vocabulary
What are different ways babies are conceived and born?	Puberty, period, menstruation, cervix, labia, fallopian tube, clitoris, ovary, ovum, vulva, vagina, uterus, womb, penis, testicle, testes, Sperm, sperm duct, urethra, pubic hair, voice breaking
What effect might puberty have on people's feelings and emotions?	Emotions, responsibilities, hormones, maturity
How can my words or actions affect how others feel, and what are my responsibilities?	Emotions, responsibilities, hormones, maturity
What should adults think about before they have children?	Love, respect, happiness, safe, commitment, finance, wellbeing
Why might people get married or become civil partners?	Love, respect, happiness, safe, commitment, finance, wellbeing
What are different families like?	Love, respect, happiness, safe, commitment, wellbeing

For further information, a copy of our RSE policy is available to view on our website along with the lesson plans (RSE Scheme of Work). If you have any further questions, please speak to your child's class teacher.

Thank you for your continued support.

Yours sincerely,  
Oakington C of E Primary School