

Relationships and Sex Education - Reception

July 2021

Dear Parents/Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, and in line with our Relationship, Health and Sex Education (RSE) policy, class teachers will be delivering a series of lessons in the Summer Term. These will cover a range of topics through the Cambridgeshire Primary Personal Development Programme. We feel that this scheme of work has been carefully designed taking into consideration age-appropriate materials which are well matched to meet the needs of our pupils at Oakington C of E Primary School. This curriculum incorporates the Relationships Education and Health Education guidance, whilst also supporting the Science National Curriculum. The sessions will be conducted in a safe, trusting and secure environment.

Please see below the overview for each lesson:

Learning Objectives	Vocabulary
To understand and value what their bodies can do.	skipping, running, hopping, including body functions such as eating and sleeping.
To describe their own appearance and name external body parts.	Head, shoulders, knees, toes, fingers, elbow, nose, cheek, shoulders, stomach, boy, girl, tall, short. Including ethnicity, skin and hair colour.
To understand ways in which their body has changed since they were a baby.	newborn, talk, hair, toddler and now. Skip, grow, walk, run, swim etc.
To understand ways of looking after their body and keeping it clean.	hygiene routine ,germs, clean, wash, wash hair, have a shower/bath.
To understand how members of their family and other trusted people care for and look after them. To understand ways in which they can take responsibility for looking after themselves and recognise situations where they still need to be supported by others.	trust, care, family, friends, help, support, look after, talk.

For further information, a copy of our RSE policy is available to view on our website along with the lesson plans (RSE Scheme of Work). If you have any further questions, please speak to your child's class teacher.

Thank you for your continued support.

Yours sincerely,
Oakington C of E Primary School